

LifeScript 101 ~ Empowering Your Dreams & Goals

8-WEEK: 2020 PRESCRIPTION PLAN – OPTIMIZE YOUR LIFE



Springboard 2020

OUR CALENDAR



Week 1

Week 2

Week 3

Week 4

Week 5

Week 6

Week 7

Week 8



Realign, Refocus, Resource, Rebuild and Be Remarkably Revitalized

Virtual Online Setting:

Interactive Lessons Each Week

ALIGNING YOUR SCRIPT

**Introduction: Perspective Matters
Alignment & Expectation**

**Permission to Engage – Dare to Dream 100+
Have the Audacity to Imagine; Clarity is Key**

CAPTURING THE SCRIPT

**Designing a Vision Board: Determine, Define and Prioritize Your Goals
Don't Share Your Big Dreams with Small Minds: Who Should See Your Dreams?**

EMBRACING THE SCRIPT

**Prioritize Life! The Hour of Power
Order Your Steps: ♦ Prioritize ♦ Focus ♦ Ignore**

LIVING THE SCRIPT

**Time for a Reset ♦ Reboot ♦ Change Your Mind to New Normal
Hidden Keys to Living Your Dreams**

OPTIMIZING THE SCRIPT

**You have the Power to Change What You're Seeing
Secrets to Accelerate Your Progress**

EXPANDING THE SCRIPT

**Your Steps are Unstoppable
Your Never-Ending Script**

CONTINUING THE SCRIPT * CELEBRATING

Use What you Have to Help You Soar. Your Resiliency Legacy

What we are is a gift from God; what we do is our gift to God.